



Knoxville Groups
All Groups in Person
Masks and Social Distancing Required

Current as of 06/01/2021

| Day | Time | Group | Counselor |
|----------|-----------------|---|-----------|
| | | | |
| Tuesday | 9:00 -10:00am | Relapse Prevention, plus Formal | Phil |
| Tuesday | 10:00 - 11:00am | Early Recovery Skills | Phil |
| Tuesday | 5:30-6:30pm | Living in Balance 2, 1 | Shannon |
| Tuesday | 6:30-7:30pm | Addiction 101 | Shannon |
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| Thursday | 9:30-10:30 | Living in Balance 1, 2 | Shannon |
| Thursday | 10:30-11:30 | Health and Wellness | Shannon |
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| Thursday | 5:30-6:30pm | Criminal Conduct Substance Abuse (CCSA) | Phil |
| Thursday | 6:30-7:30pm | Relapse Prevention, plus Formal | Phil |
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